



My Cyber Checklist

This summer, recharge your batteries – not your vulnerabilities



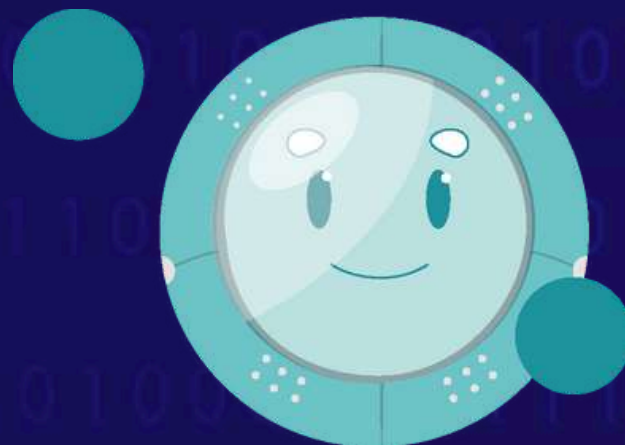
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7 digital habits to adopt this summer (without becoming paranoid)

- ☐ Back up before you go – make a complete backup of your data
- ☐ Free Wi-Fi... comes at a high price – Avoid connections without a VPN
- ☐ Beware of text messages in holiday mode – phishing doesn't take a holiday
- ☐ Children also need cyber protection – Monitor the apps they download
- ☐ Social media: consider postponing your posts – Post your memories when you return
- ☐ Blue screen, alarming message: don't fall for it – Never call the numbers displayed on an alert message
- ☐ On your return: digital check-up – a few minutes of digital tidying up is all it takes to get back on track



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